

Agreement for Coaching and Consulting Services

This agreement is entered into by: _____ ("Client") and Nurmela Consulting ("Coach") and pertains to life and business coaching and consulting ("Coaching") which shall occur via telephone, via e-mail or in person. The initial term of this agreement is for 30 calendar days from the date of our first coaching session; thereafter it shall continue on a month-to-month basis until terminated by either party via a 30-day verbal or written notice.

Client understands that Coaching is conducted at a rate/fee of \$80 per hour for small businesses (under \$2M revenue per year), \$150 for medium size businesses (between \$2M and \$5M revenue per year) and \$200 for large businesses (over \$5M revenue per year).

The client and coach further agree:

1. Engage Nurmela Consulting as "Coach" for the purpose of advising and counseling client with respect to identifying, developing, and achieving personal and professional goals, who agrees to render such services. Understand that Nurmela Consulting is not acting in the capacity of "employment agent," "business manager" or "financial analyst" and has not promised, shall not be obligated to, and will not: (1) procure or attempt to procure any employment, business or sales for client, (2) perform any business management functions such as accounting services, advice on tax or legal matters or the investment of funds.
2. Understand that Coaching is a comprehensive process that may involve all areas of client's life, including work, finances, health, relationships, education and recreation. Acknowledge that deciding how to handle these issues and implement choices is exclusively client's responsibility.
3. Understand that all information entrusted to the Coach in the context of the Coaching will be held confidential by the Coach unless agreed upon otherwise. Understand that communications between Coach and Client in Coaching are not privileged under the law and disclosure may be compelled by appropriate authorities. Understand that certain information shared with the Coach may be anonymously shared with other coaching clients and other professionals for training or consultation purposes.
4. Understand that Coaching is not to be used in lieu of other appropriate professional help and that client is responsible for obtaining appropriate outside advice for legal, medical, financial, business or other matters as deemed necessary. Understand that all decisions in these areas are exclusively client's and that client is fully responsible for his/her wellbeing during coaching meetings, including choices and decisions.



5. Aware that client can choose to discontinue coaching at any time, and is always free to reject any advice, suggestions or requests made by the coach at any time. Coach is authorized and encouraged to be direct and unconditionally supportive of client.

ABOVE AGREED TO ON _____, 20____

Signed: _____
(Client) Date

Client Classification:

Small Business Medium Business Large Business

Mailing Address:

Tel: _____

Fax: _____

Signed: _____
W. Denis Nurmela (Coach) Date